ISRAEL AT WAR



RESILIENCE PROGRAMS AND TRAUMA RELIEF:

It was reassuring and helped remind me what I need to do for self-care so I can function as a parent and a school social worker. Definitely reduced my stress level.

CHANA, TEANECK, NJ

OUR PUPPET SHOW: COPING WITH SARI, ORI, AND BANANAS!

Just wanted to share my anxiety inclined



5-year old's feedback...She told me that she plans on watching this every night when she's scared until she's not scared anymore! Thank you and thank you to everyone who worked on this!

RACHEL, EILAT, ISRAEL

WEBINARS ON MANAGING THE TRAUMA OF WAR:

The first thing I thought of after Yom Tov was over was, "I really hope Ohel does a webinar so I know how to talk to my kids about this." Thank you so much.

RIVKA, CEDARHURST, NY



ONLINE SUPPORT GROUPS:

Thank you so, so, so much. Seeing this flyer was enough to make me break down and cry. I feel so validated. If there is a support group needed, it must be that being an Israeli in the U.S. now is really terrible.

MOSHE, LOS ANGELES, CA

Please support Ohel so we can continue this vital work.

OHEL'S IMPACT

From New York to Sderot to Los Angeles... Ohel is there.

Trauma support and resilience training. For all. Everywhere we are needed.

INNER SPACE: MY RESILIENCE WORKBOOK IS HELPING CHILDREN PROCESS THEIR EMOTIONS — 30,000 IN ISRAEL AND 10,000 IN THE U.S.

Ohé

This book is exactly what we need. It allows the children to process their emotions, allowing them to project their experiences, as much or as little, as they are ready to.



Ohelfamily.org/gala



Dear Friends,

I understand the natural hesitance to celebrate during the horrific war being waged against Israel by Hamas terrorists and the ugly anti-Semitic acts around the world.

Hamas destroys.

We build.

Ohel to the immediate rescue! They responded with lifesaving trauma support and resilience building for individuals and families near and far, helping them deal with increased feelings of anxiety, stress, and depression.

Your friend Gloria has always been a positive and resilient individual.

We hope you, like my mom, like Ohel, and like *Am Yisrael*, will leave your pain at home for an evening and join us in celebrating the building of a better and more beautiful future for our community.

Imagine if G-d forbid there is a war AND we stop caring for those who need us.

In memory of our blessed fallen soldiers, in honor of our wounded, and in honor of our hostages, join us in celebrating my mom, Ohel, and life.

It is my hope, *davka* now, we will accomplish the highest turnout of all Ohel Galas, celebrating the victory of the eternal Jewish value of LIFE.

When the Mashiach arrives, there may no longer be a need for Ohel.

In the meantime, we have a responsibility.

Am Yisrael Chai!

Warmly, Alicia Kaylie Yacoby RESERVE ONLINE AT OHELFAMILY.ORG/GALA

FOR MORE INFORMATION: GALA@OHELFAMILY.ORG 718-972-9338 Ohel has been unstoppable in support of our community for 54 years. During this crisis, Ohel is dedicated to delivering trauma relief and resilience programs and services throughout the US and Israel.

As we pay tribute to our gala honorees, your support enables Ohel to continue our ongoing trauma support services.



FOR MORE INFORMATION: GALA@OHELFAMILY.ORG · 718-972-9338